



311SQNA AFC JI 3/19

JOINING INSTRUCTION FOR FIELD CRAFT TRAINING EXERCISE 2/19
18-19 MAY 19 (CADETNET ACTIVITY No.)

ACTIVITY TITLE	Fieldcraft Training Exercise 2/19
ACTIVITY LOCATION/ DETACHMENT ADDRESS	Rat Gully (Camp Kariong) Woy Woy Road Kariong, NSW 2250
ACTIVITY COMMENCEMENT	0800h (8.00am) 18 May 19
ACTIVITY CONCLUSION	1600h (4.00pm) 19 May 19
TRAVEL REQUIREMENTS	By own means
UNIFORM REQUIREMENTS	DPU with bush hat
ACTIVITY OFFICER-IN-CHARGE (OIC)	FLTLT (AAFC) Neal Rogers neal.rogers@airforcecadets.gov.au 0408 110 416
ACTIVITY COORDINATOR/ EMERGENCY CONTACTS (In order of preference)	CPL(AAFC) Scott Pentland scott.pentland@airforcecadets.gov.au 0423 456 789 CPL(AAFC) James Brauer james.brauer2@airforcecadets.gov.au 0412 866439
ATTENDANCE REQUIREMENTS	Attendance at this activity is <u>recommended</u>

INTRODUCTION

1. This Joining Instruction (JI) has been issued to assist you in your preparation to participate in 311 Squadron's Fieldcraft Exercise that will be conducted at Rat Gully (Camp Kariong) during the period 18-19 May 19. For the duration of the activity you will be under the command of the Activity OIC, FLTLT(AAFC) Neal Rogers.

2. This Joining Instruction is an authoritative document; you are to read and comply with its contents. Speak to senior cadets at your Squadron who have attended activities like this in the past. They will prove an invaluable source of information regarding what to expect.

ADMINISTRATIVE DETAILS

3. **Forms and documentation.** You must ensure that you bring your Australian Air Force Cadets Identification (AAFC ID) Card.

4. An 'Activity Notification and Consent Form' is to be downloaded from, correctly completed and re-uploaded to the activity in CadetNet **ONE WEEK** prior to the commencement of the activity. **It must be signed by your parent or legal guardian if you are under 18 years of age.** The original should be brought with you on the activity. Have this document ready to present to staff on arrival.

5. Should you be unable to access CadetNet then the current version of the 'Activity Notification and Consent Form' can be sourced via the 3WGAAFC Portal within CadetNet: <https://members.cadetnet.gov.au/aafc/3WG/3WG%20Resource%20Centre/1.%20Forms%20and%20Templates>

6. **Medical conditions, allergies and dietary requirements.** It is important that you inform the First Aid Officer or activity staff as soon as possible if you have any medical conditions, allergies or special dietary requirements, as well as stating them clearly on your TR66 'Consent Form - AAFC Activity'. This will ensure that your needs are taken into account when attending the activity. **Cadets should also arrive on the activity with copies of any required medical management plan.**

7. The Australian Defence Force (ADF) is unable to provide a severe food allergy free environment (such as from peanuts) in relation to the consumption of food during cadet activities. Such a risk may be life threatening for people who suffer from a severe food allergy. Parents may consider it is in their child's best interest not to allow participation of their child in the proposed activity. In the event that the child is allowed to attend a catered cadet activity, the parents may choose to provide, at their own expense, sufficient food to cover the duration of the activity.

8. If you or your parents have any concerns on these matters, you should speak with your SQN staff.

9. A Food Allergy Management Plan (FAMP) is not required for this activity as participants will be providing their own food. Food allergies should be included in the TR66, and 311SQN staff advised of these prior to the activity commencing.

10. **Activity related costs.** Nil

11. **Contact information.** During the activity, the OIC or activity coordinator may be contacted in the case of an emergency. Please note, only contact the OIC in the case of an emergency.

12. Mobile network coverage in the training area is problematic, and a satellite phone will be on site during the activity for emergency communication purposes. The number for this satellite service will disseminated prior to the activity commencing.

13. **Nominal roll.** The nominal roll for this activity is contained in C1 and will be locked off when the activity commences.

14. **Withdrawal from activity.** Should you wish withdraw from the activity **prior to the close of nominations in C1**, cancel your nomination on C1.

15. Should you wish to withdraw from the activity **after the close of nominations in C1**, you are required to contact the Activity Coordinator and your Commanding Officer (CO).

16. **Leave.** Leave during the activity will not normally be granted. However, any requests should be made to the Activity Coordinator.

ADDITIONAL ACTIVITY REQUIREMENTS

17. All Cadets should revise their Fieldcraft and Radio Communications Elective notes as relevant to their recent training.

TRAVEL, ACCOMMODATION AND MESSING

18. **Travel.** Travel to and from this activity will be by own means. A map, indicating the location of the venue and specific meeting point is included in Annex A. Cadets are to contact the Activity OIC by phone if they are running late. Cadets travelling via public transport are to wear civilian attire and bring their uniform in a bag (preferably concealed) to change into upon arrival at the activity.

19. The activity location is accessed via Woy Woy Road, Kariong. The site access road is sign-posted 'Scout Camp' and 'Rifle Range'.

20. All participants are to report to Rat Gully (Camp Kariong) at 0800h (8.00am) on Saturday 18 May 19. All participants are to be collected from the same location no later than 1600h (4.00pm) on Sunday 19 May 19. Staff and nominated senior cadets will then attend Erina MUD to unload equipment, and will be dismissed from that location at 1730h (5.30pm) 19 May 19.

21. Cadets who wish to travel in transport driven by other cadets must obtain CO's approval before the activity. Cadets who wish to travel from the activity with people who are not their parents/guardians (i.e. in a car-pooling arrangement) must provide written permission to the CO from their parent/guardian before the activity.

22. **Traffic management.** Parents/guardians are also advised that the access road leading into Rat Gully (Camp Kariong) is LOW SPEED due to being unsealed and narrow. All vehicles entering and exiting the site are to use caution and adjust their speed appropriately

23. **Accommodation.** Participants will need to provide personal overnight shelters in the form of a tent or individual shelter (hootchie). A limited supply of 2 x person tents is available for temporary issue to members who have not yet acquired a tent or hootchie. Overnight temperatures in the training area may be low therefore an appropriately rated sleeping bag is essential.

24. Participating cadets will be able to be temporarily issued equipment at the 311SQN parade immediately before this activity. All equipment items issued are to be returned to 311SQN immediately following this activity.

25. **Messing.** All participants are required to supply their own food during the activity, and are to self-cater for at least 4 x meals. 311SQN will not be providing food during this activity. A suggested ration plan is attached at Annex B to this JI. Water re-supply at HQ will be available throughout the activity, and participants are to have sufficient water bottles to carry at least 2 litres of drinking water during the activity. Participants should arrive at the activity with full water bottles.

26. Cooking may be undertaken using approved individual hexamine/gas stoves provided by participants or temporary issue. Meal preparation will be undertaken in designated cleared areas to minimise fire risk. Participants are advised to bring meals that may be consumed cold if cooking equipment is unable to be used due to fire restrictions.

27. **Food handling requirement.** There is no requirement for food handling qualifications for this activity.

UNIFORM AND EQUIPMENT

28. **Dress.** All participating staff and cadets are to wear AAFC Field Dress (DPU) during the activity. Hats KFF, SQN caps and AFB rank slides are not to be brought to the activity. All equipment taken to the activity must be contained in one pack that is capable of being carried over a distance of at least 2km. An equipment list is attached at Annex C to this JI.

29. All uniforms are to be worn, and personal appearance is to be, IAW AAFC Manual of Dress.

30. You are to ensure that you have a regulation haircut prior to your arrival at the activity. Males of shaving age are to ensure they have shaved prior to arrival at the activity.

31. **Personal equipment.** It is recommended that participants provide webbing or similar load carrying equipment to carry water and food for the duration of the activity. 311SQN has a limited quantity of field packs and webbing available for issue.

32. It is recommended that Cadets assemble and bring a basic First Aid Kit. This kit should incorporate both adhesive dressings and tape to treat blisters (eg Band-Aids, Leukoplast, Hypafix), 1 x roller bandage, 1 x triangular bandage, antiseptic cream (eg Savlon), and bite/sting cream (eg Stingose).

33. Cadets with recently issued footwear are advised to bring a pair of sports shoes to change into if blistering occurs.

34. A detailed list of personal equipment that you will require is contained in Annex B.

35. ALL items brought to the activity are the responsibility of the owner of the item. The AAFC will accept no responsibility for any loss or damage to items brought on the activity. All personal items (including clothing) are to be clearly labelled with the OWNER'S NAME and CADET NUMBER.

36. **Prohibited items.** The following items are prohibited on this activity:

- a. weapons, including pocket, sheath or flick knives or similar items
- b. fireworks, ammunition or pyrotechnics of any description
- c. smoking material of any description, including matches and lighters
- d. alcohol or drugs in any form (authorised medications are to be logged with activity staff upon arrival)
- e. electronic entertainment devices (excluding mobile phones, tablets and laptops)
- f. pornography or any offensive material.

CONDUCT AND BEHAVIOUR

37. **Discipline.** Any breaches of discipline will be dealt with immediately. Any serious breach is grounds for sending a cadet home.
38. Breaches of personal or general hygiene will not be tolerated. The activity area will be regularly inspected to ensure the maintenance of appropriate standards in this regard.
39. **Equity & diversity and inappropriate behaviour.** The OIC will conduct a briefing on these matters when you arrive at this activity. However, all members are reminded of the instructions on unacceptable sexual behaviour as outlined in Volume 2, Part 1, Chapter 10 of the AAFC Manual of Management and the AAFC Code of Conduct, and are required to observe the standards outlined. Members are also reminded that any investigation into allegations of sexual harassment, equity & diversity breaches or fraternisation will be thorough. Involvement in such matters may result in your removal from the activity, potentially at the expense of your parent or guardian.
40. **Mobile phones.** Mobile phones may be carried by cadets on the condition that they remain switched off during the activity. Mobile phone communication (voice calls, SMS, MMS etc.) will only be permitted during the stand down period (personal time). During stand down periods, cadets may access social media for the purpose of viewing content and may use apps such as messenger to communicate with family and friends outside of the activity. At no time are cadets to make public posts or comment on other posts.
41. Parents/guardians who need to contact their child in the case of an emergency should use the phone numbers provided at the head of this Joining Instruction.
42. **Photography.** Photography of Cadets during this activity may only occur with their consent. Photography and videography on ADF Establishments is strictly controlled and is prohibited by cadets, including during stand-down in cadet accommodation. Any photography by cadets will be considered as a security breach and will result in disciplinary action, possibly including removal from the Detachment. Authorised photographs will be provided by Detachment Staff.

SECURITY

43. Any unwarranted conduct or approaches by members of the public are to be ignored and reported up the chain of command as soon as practicable.
44. Cadets and staff are reminded that they must have their AAFC ID Card on them at all times. Cadets will not be allowed to attend this activity if they do not adhere to this requirement.
45. As a result of the increased SAFEbase level at all Defence establishments members are reminded that a valid ID must be visible and above the waist when on Defence premises. AAFC ID Cards **must not** be displayed outside of Defence premises.

QUESTIONS

46. Any questions relating to this activity should be directed to the Activity Coordinator in the first instance.



Neal Rogers
Flight Lieutenant (AAFC)
Commanding Officer

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26 Apr 19

Annexes:

- A. Activity Location Map Extract
- B. Rations & Meal Plan
- C. Clothing & Equipment List

MAP EXTRACT – ACTIVITY LOCATION



FIELD CRAFT EXERCISE RATIONS AND MEAL PLAN

1. Meal Coverage

Participants will need to provide rations for the following meals. These meals are:

1. Lunch - Saturday 18 May 19;
2. Dinner - Saturday 18 May 19;
3. Breakfast – Sunday 19 May 19; and
4. Lunch - Sunday 19 May 19.

2. Appropriate Foods

There is no refrigeration at the Bivouac area, so participants should not bring perishable food which may spoil, or food which may melt. Fresh food (eg sandwiches and fruit) may be used for lunch on Day 1 of the activity. Rationing for all other main meals should preferably be structured around tinned, sustained energy food (eg pasta, baked beans etc) as it has the advantage of being able to be cooked in the (opened) tin or consumed cold, thereby eliminating some need for cooking equipment etc. Protein bars can also be used for breakfast. Use of dried/reconstituted foods such as instant noodles is not recommended as these have a significantly high salt content, and water used to prepare these foods should be conserved for drinking.

3. Meal Planning

Each meal can be planned around one tinned or sachet main meal, supplemented by other items such as:

- Tinned or dried fruits;
- Cheese or fruit sticks;
- Nut-free chocolate or protein bars;
- Bread/bread rolls;
- Tea, coffee, hot chocolate (for milk - tubed condensed-type is recommended);
- Instant soup.

4. Food allergy/infection considerations

Participants are advised not to share food or drinks to prevent cross-contamination of allergens or infectious illness. Participants are to remind Directing Staff of any food allergy or infection issues prior to meal preparation periods. Participants are also reminded that pursuant to AAFC policy, it is PROHIBITED to bring food containing nuts to any AAFC activity.

5. Rubbish Removal

Each Cadet must remember that whatever they take into the Bivouac site must be carried out by them, rubbish included. Therefore excessive amounts of food should not be taken. Large communal rubbish bags are not to be used, all personal rubbish items are to be removed individually.

FIELD CRAFT EXERCISE CLOTHING AND EQUIPMENT LIST

Item	Quantity	Checked
a. <u>DPU Uniform:</u>		
DPU trousers	2	<input type="checkbox"/>
DPU shirt (long sleeve)	2	<input type="checkbox"/>
DPU jumper or field jacket	1	<input type="checkbox"/>
Rain gear	1	<input type="checkbox"/>
Field boots (green or black)	Pr	<input type="checkbox"/>
Sports shoes	Pr	<input type="checkbox"/>
Socks	2-3 Pr	<input type="checkbox"/>
DPU Hat	1	<input type="checkbox"/>
DPU Rank Slides	Pr	<input type="checkbox"/>
b. <u>Field Equipment:</u>		
Field Pack (or equivalent)	1	<input type="checkbox"/>
Water bottle (1 litre minimum)	2	<input type="checkbox"/>
Webbing (optional)	Set	<input type="checkbox"/>
Sleeping Bag	1	<input type="checkbox"/>
Hootchie or small tent	1	<input type="checkbox"/>
Hexamine/butane stove	1	<input type="checkbox"/>
Pan Set Messing	1	<input type="checkbox"/>
Knife Fork Spoon (KFS)	Set	<input type="checkbox"/>
Torch	1	<input type="checkbox"/>
Cam cream (optional)	1	<input type="checkbox"/>
Waterproof matches/cigarette lighter	1	<input type="checkbox"/>
c. <u>Basic First Aid Kit</u>		
crepe bandage	Roll	<input type="checkbox"/>
dressing tape (Hypafix/Elastoplast)	Pack	<input type="checkbox"/>
Bandaids	Pack	<input type="checkbox"/>
bite cream (Stingose)	1	<input type="checkbox"/>
antiseptic cream (Savlon)	1	<input type="checkbox"/>
d. Gloves	1	<input type="checkbox"/>
e. Balaclava / Beanie	1	<input type="checkbox"/>
f. Underwear	2-3 Pr	<input type="checkbox"/>
g. Small towel	1	<input type="checkbox"/>
h. <u>Toiletries</u>		
Soap	1	<input type="checkbox"/>
Toothbrush and toothpaste	1	<input type="checkbox"/>
Shaving gear (if required)	1	<input type="checkbox"/>
Toilet paper	Roll	<input type="checkbox"/>
i. Insect repellent	1	<input type="checkbox"/>
j. Sunscreen	1	<input type="checkbox"/>
k. Shoe cleaning kit	1	<input type="checkbox"/>
l. Plastic garbage bags	2	<input type="checkbox"/>
m. Black PVC tape	Roll	<input type="checkbox"/>
n. Note book & pen	1	<input type="checkbox"/>

ALL items are to be carried in personal load carrying equipment (field pack and webbing), and should be clearly marked with the owner's name using the following unique identifier:

2999999 LCDT Nerfherder. S = NER999

(first three letters of surname and last three numerals of cadet number)